

# ANNUAL REPORT 2016



Society for Health Education  
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## Vision

An organization that is proactive in identifying and addressing crucial health and social concerns of the Maldives.

## Mission

The organization reaffirms its commitment to sustain these initiatives, and to further increasing public awareness on issues that influence family well-being. Effectiveness of health promotion initiatives will be ensured by adopting applicable service delivery mechanisms, fostering improvements in reproductive health parameters, continuing Thalassaemia prevention activities, promoting responsible parenthood concepts, facilitating empowerment of women and youth, supporting victims of abuse, extending counseling to adolescent and families, and encouraging community ownership of development.

## Corporate Profile

Society for Health Education (SHE) was established in 1988 by a small but committed team of 4 founder members who understood and felt the social and medical constraints of the community at large. These pioneers are:

Madam Nasreena Ibrahim

Dr. Naila Firdous

Ms. Naila Ibrahim Kaleyfaan

Ms. Nasheeda Ahmed Riza

Their aspiration and desire to improve the lives of Maldivians by generating health awareness and providing health services to remote parts of the country paved way for the establishment of the Society for Health Education in 1988 as a Non-Profit Making Organization.

SHE is registered at the Ministry of Home Affairs under the Association Act. The Organization aims to foster family well-being in general and in particular empower families and women to make informed choices when seeking health services. SHE has a number of pioneering initiatives to its credit including the introduction of counseling services at service delivery level, establishment of the first family planning clinic outside the government setup, creating awareness on the actual significance and consequences of the high prevalence of Thalassaemia and extension of Thalassaemia screening services to all of the 200 island communities, and the establishment of the first Thalassaemia DNA laboratory in the Maldives.

SHE provides awareness raising activities which comprise a wide range of activities including publication and dissemination of print materials, development of radio programmes and organization of public forums. It also runs a free reproductive health clinic in Male' and makes regular visits to the islands for ad-hoc free health care. Most doctors and nurses are volunteers.

The organization reaffirms its commitment to sustain these initiatives, and to further increasing public awareness on issues that influence family well-being. Effectiveness of health promotion initiatives will be ensured by adopting applicable service delivery mechanisms, fostering improvements in reproductive health parameters, continuing Thalassaemia prevention activities, promoting responsible parenthood concepts, facilitating empowerment of women and youth, supporting victims of abuse, extending counselling to adolescents and families, and encouraging community ownership of development.

Today, SHE is one of the largest, most vibrant NGOs in the Maldives which addresses issues concerning Thalassaemia, Counselling and Psychosocial Support, Sexual and Reproductive Health (SRH) and Health Education.

**The Thalassaemia Prevention Programme** undertaken by SHE, comprises an awareness component along with provision for screening. The prevention programme of SHE aims to reduce the number of thalassaemics born in Maldives by providing testing services to identify Thalassaemia carrier status and raising awareness on how the disorder is inherited. The programme also includes a component on supporting the care of thalassaemics. Services established under this programme include laboratory facilities and genetic counselling services. The first thalassaemia DNA testing facility was established at SHE in 2005 to minimize the number of "inconclusive" results. The establishment of DNA testing services has contributed to a significant reduction of the number of inconclusive results.

**The Counselling and Psychosocial Service** department comprises of face to face counselling, telephone counselling and play therapy for young children as well as providing information through IEC and BCC to increase public awareness on mental wellbeing. In addition to the regular services, the unit conducts skill development programmes targeting young people, vulnerable populations, teachers and parents.

**Sexual and Reproductive Health** clinic of SHE has a long standing reputation for client friendly and quality service provision on SRH and other various general health issues,

including gynecological consultations. A Youth Kiosk has also been established as part of the SRH clinic and works as a drop-in center for youth where ASRH information is provided. Young peer educators have been trained to be part of the Youth Kiosk. The clinic also regularly conducts mobile outreach activities including awareness programmes targeted for Key Affected Populations. Under the HIV and AIDS programme of the clinic, free Voluntary Counselling and Testing (VCT) services are offered to the general public. SHE has also implemented and contributed to major other HIV and AIDS programmes initiated in the country.

**Health Education** is a priority area of the organization. Since its establishment in 1988 this society has been providing health education to the community on emerging issues of health and well-being. Events and activities such as outreach health camps and health festivals have been arranged over the years to promote health and family well-being as part of this programme. Our technical expertise is broadcast through a number of radio and TV programmes to provide health information to the public and on social media platforms to reach a wider audience.

### **Affiliations**

SHE is a member association of International Planned Parenthood Federation (IPPF) and Thalassaemia International Federation (TIF). SHE is also a project partner of Asian-Pacific Resource & Research Centre for Women (ARROW).

## Thematic Areas

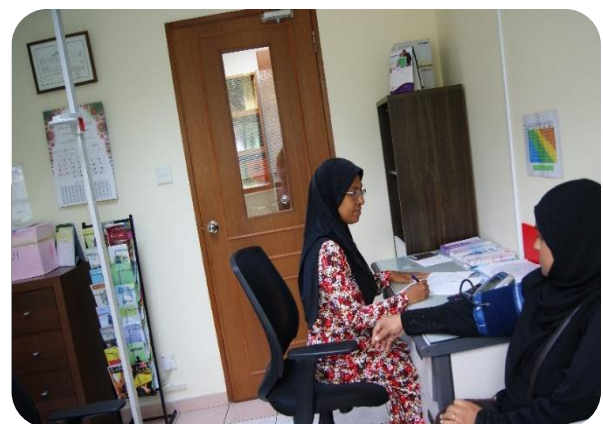
- **Sexual & Reproductive Health Department**
  - Provision of family planning methods & counselling
  - Gynecological Consultation
  - Face-to-face and telephone counselling on SRHR related issues
  - Pre & Post marital counselling
  - Prenatal and Post-partum Care
  - Men & SRH
  - Voluntary Counselling & Testing (VCT)
- **Thalassaemia Laboratory & Diagnostic Services**
  - Thalassaemia screening
  - DNA confirmatory testing
  - Genetic counselling of Thalassaemia
  - Blood grouping & RH typing
  - PND & HLA appointments
  - Support services for thalassaemics
- **Counselling & Psychosocial Services**
  - Telephone counselling
  - Face-face counselling
  - Play therapy (mainly children)

## Sexual and Reproductive Health (SRH) Services

Sexual Reproductive Health (SRH) Services of SHE has a long standing reputation for client friendly and quality service provision on SRH and other general health issues, including gynaecological consultations. SHE houses the only Family Planning Centre (FPC) providing SRH services run by a NGO, providing a wide range of services including family planning counselling and commodity provision, gynaecological consultation, comprehensive SRH services, and provision of SRH information and counselling for clients face-to-face and over the phone.

A Youth Kiosk has also been established as part of the SRH clinic and works as a drop-in centre for youth where Adolescent Sexual Reproductive Health (ASRH) information is provided. Young peer educators have been trained to be part of the Youth Kiosk.

SHE has also implemented and contributed to major HIV and AIDS programmes initiated in the country. The clinic also regularly conducts mobile outreach activities including awareness programmes targeted for key affected populations. Under the HIV and AIDS programme of the clinic, free Voluntary Counselling and Testing (VCT) services are offered to the general public.



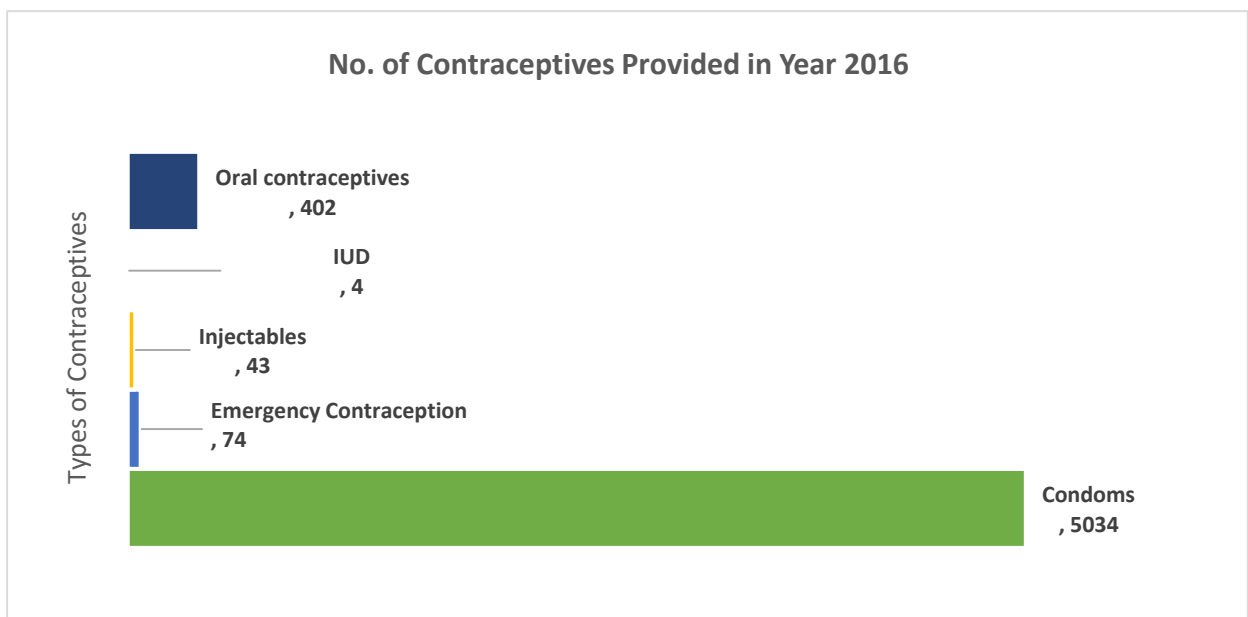


## Contraceptive Services

In 2016, the Family Planning Center has provided 5557 contraceptive methods such as oral contraceptives, implanon, intrauterine devices, injectable contraceptives, emergency contraceptives and condoms to a total of 1268 clients.



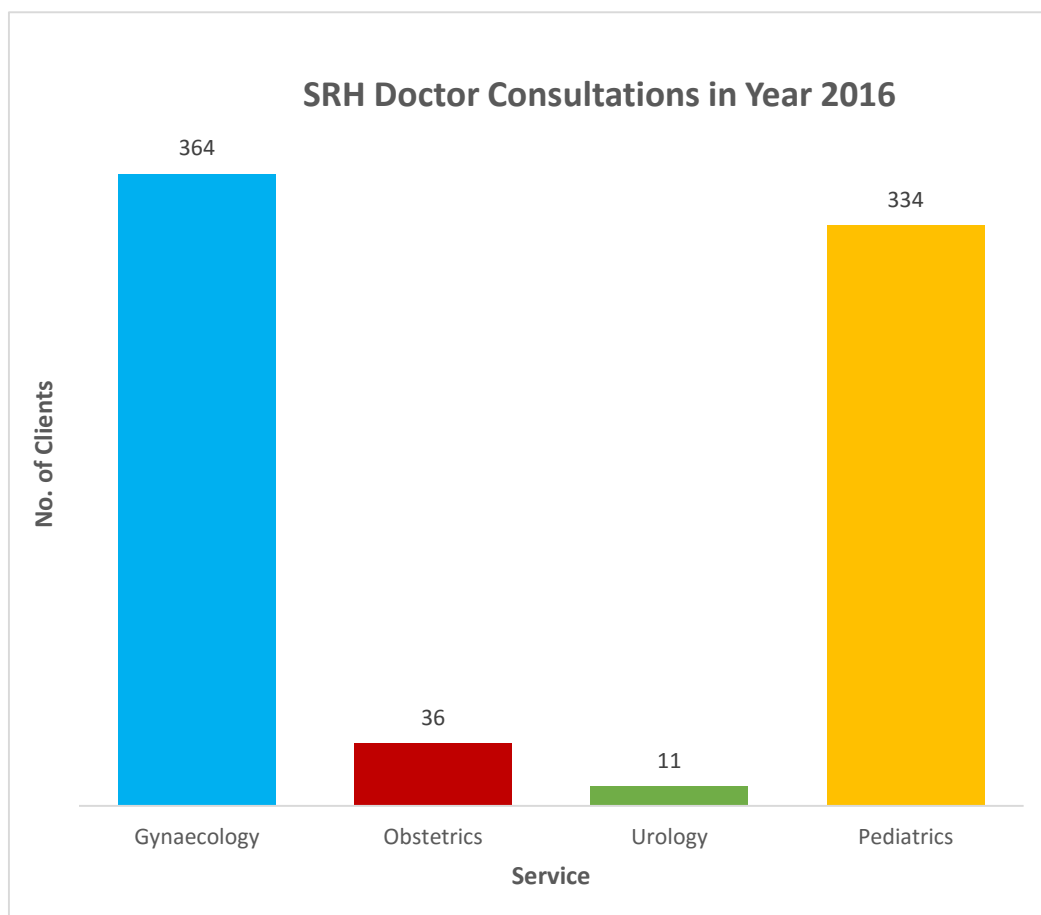
5034 condoms, 402 cycles of oral contraceptives, 43 injectable and 4 IUDs were distributed in 2016 by the family planning center through its services and outreach works.



## SRH Consultation

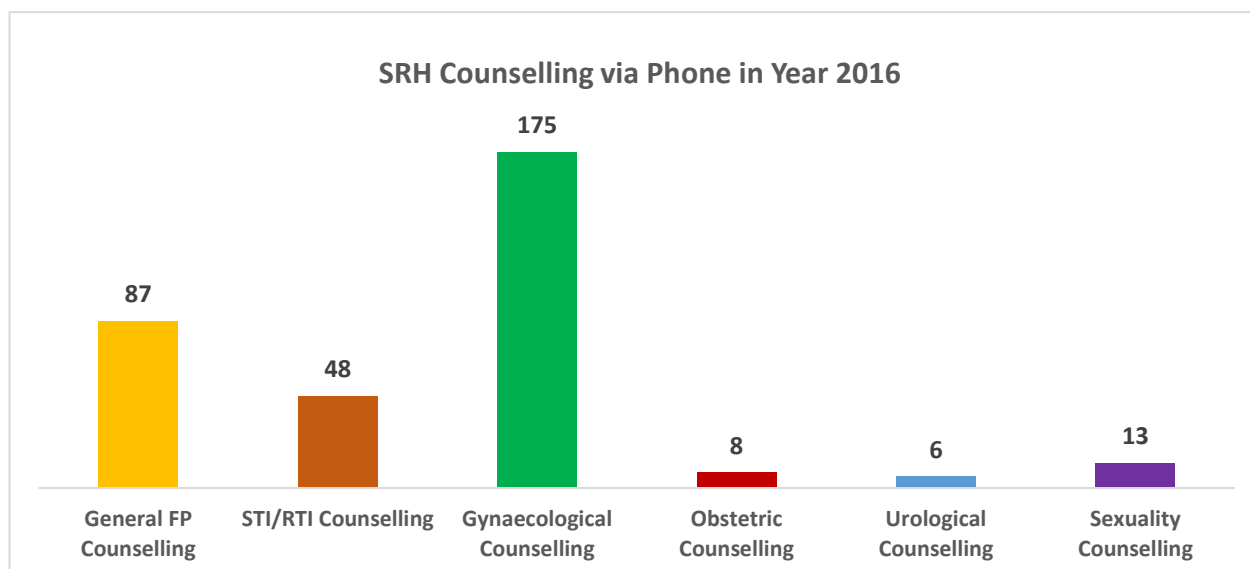
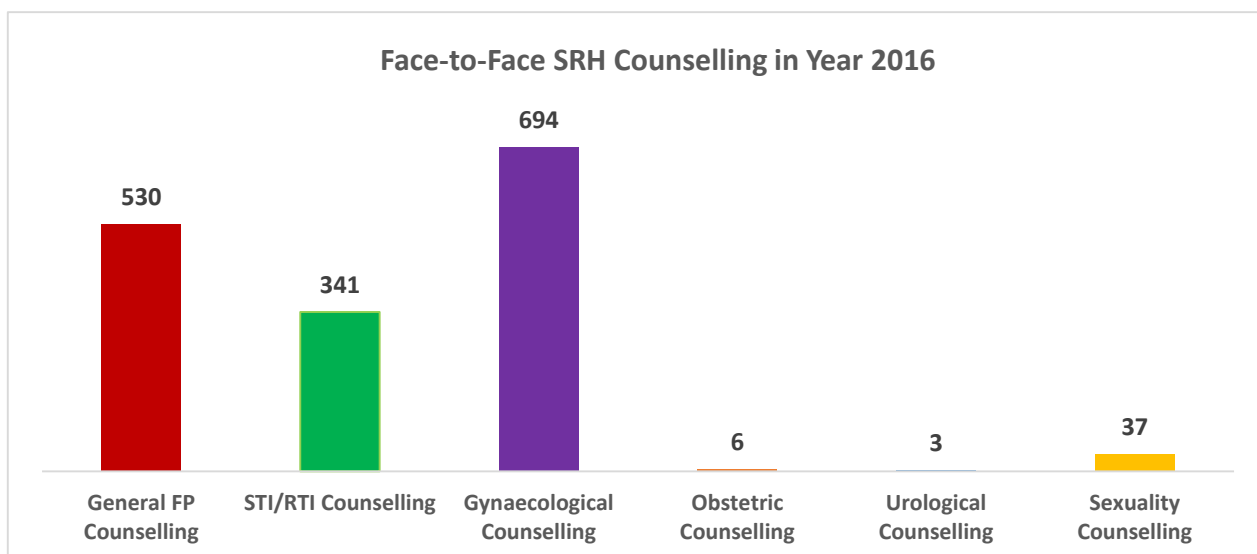
Throughout the year services such as specialized doctor consultations, mainly focused in the areas of women and child health were provided.

During 2016, 364 gynecological consultation, 36 Obstetric, 334 pediatric and 11 urological consultations were provided. These services were provided mainly through the Family Planning Center of the organization and through outreach health camps conducted within the year.



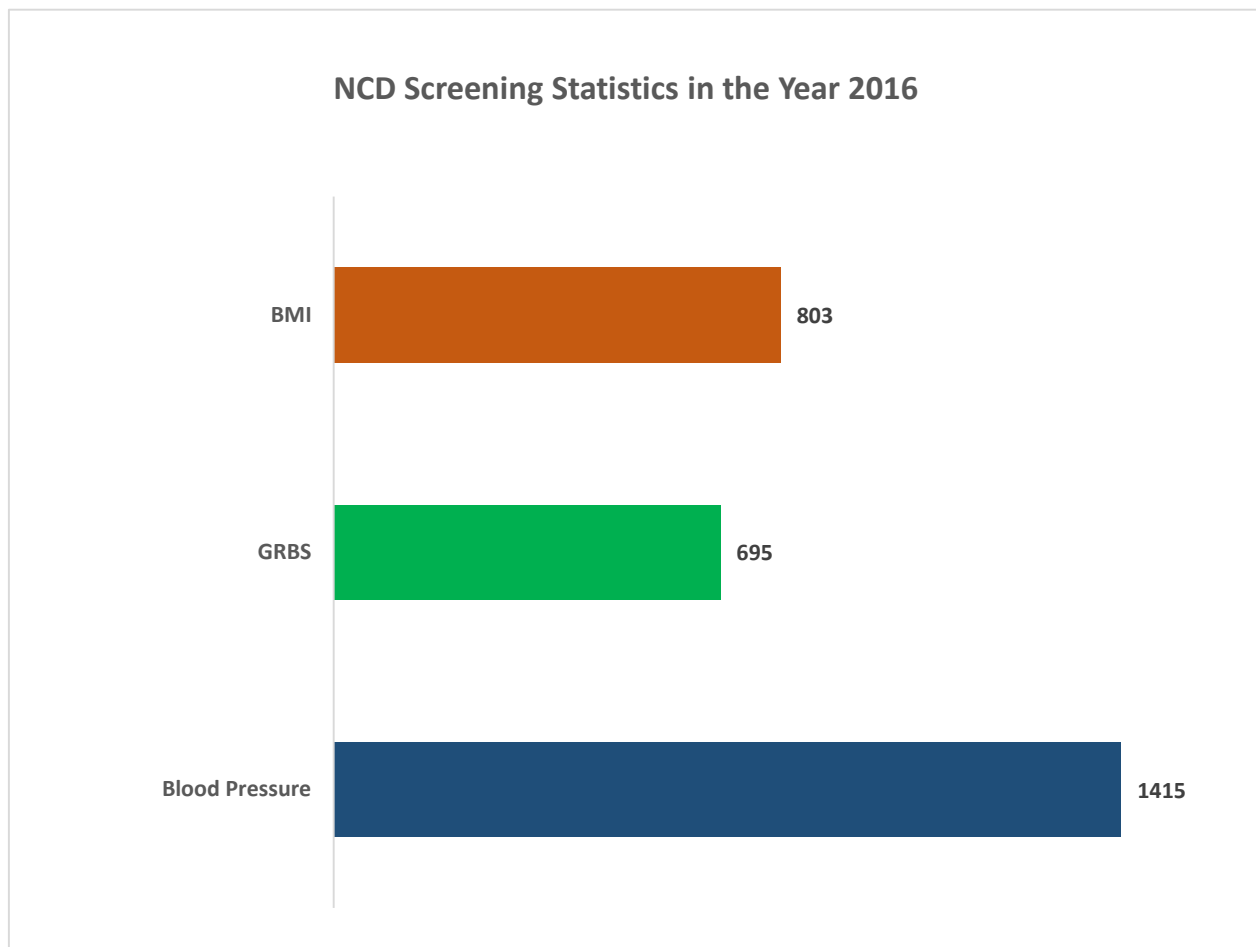
## SRH Counselling

The department provides clients with prenatal and postnatal counselling, as well as premarital counselling to young adults. Counselling is also provided with regards to Sexually Transmitted Infections (STI), Reproductive Tract Infection (RTI) and for other sexual health related issues. Counselling is usually provided through phone and as face-to-face sessions.



## Non-Communicable Disease Screening

The department has also screened clients on non-communicable diseases (NCD). A total number of 2913 clients sought screening on body mass index, blood pressure and General Random Blood Sugar. This program aims at providing information and awareness on obesity, hypertension and diabetes and their effects on a person's health and well-being.

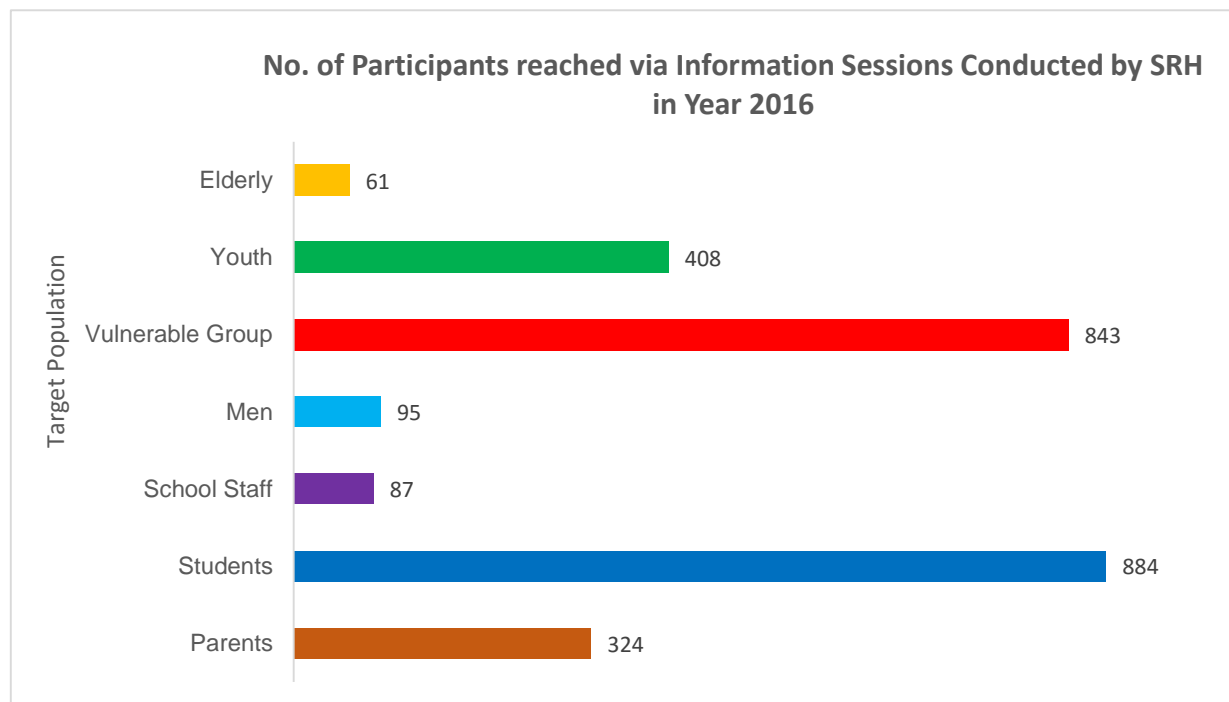


## Activities & Awareness Sessions

As one of the key focus areas of SHE is creating awareness, and promoting health, the department conducted sessions, targeted for students, parents, youths, vulnerable populations and specific programs for men throughout the year.



During the year, a significant number of people from vulnerable groups and students were reached through these sessions. This included information sessions conducted for entities such National Drug Agency, Maldives Police Service, Ministry of Health, Ministry of Gender & Family and island communities through outreach health trips. A total of 408 youths, 324 parents, 87 school staff, 61 elderly and 95 male participants were reached within the year.



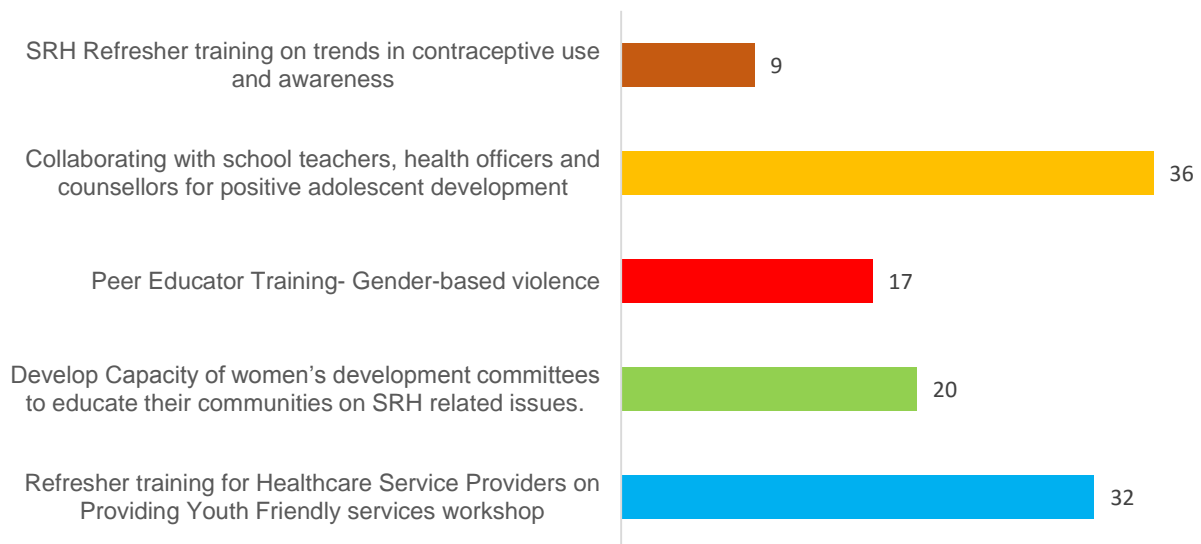
## Annual Report 2016

Additionally, several trainings were conducted by the SRH department. This includes training 17 peer educators in GBV, conducting a refresher training for healthcare service providers on providing youth-friendly services. 32 participants from different atolls of Maldives had participated in this training.

In addition, a training was conducted to develop women's capacity in SRH issues in the community, where we were able to reach 20 participants of Women's Development Committees from different atolls.



### No. of participants reached via Trainings & Workshops Conducted by SRH in year 2017



## Family Planning Center

With the support of the international Planned Parenthood Federation (IPPF), SHE established the first clinic on family planning in the Maldives with the designation Family Planning Center (FPC). And it still remains the only clinic in the Maldives providing family planning services outside the government structure.



Starting from November 2015, the center expanded its services to include screening services. The FPC has been transformed into a center providing ancillary services related to family planning and reproductive health and aims to eventually introduce more components of the sexual & reproductive health framework and expand services.

Annual Report 2016

In the year 2016, a total of 1268 clients, including the existing clients of previous years, were registered in the Family Planning Center. The center provides gynecological consultations and services especially in areas of reproductive and sexual health. In addition, the center also provides screening for cervical cancer and breast cancer.

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Buruza Magu, Maafannu  
Male' 20318  
Maldives



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Services Provided at the Family Planning Center



Doctor Consultation Schedule



**DOCTOR CONSULTATION (WELL-WOMEN CLINIC)**

Dr. Shibana (Gynecologist) will be consulting at our Well-Women Clinic this week. (Sunday to Thursday)

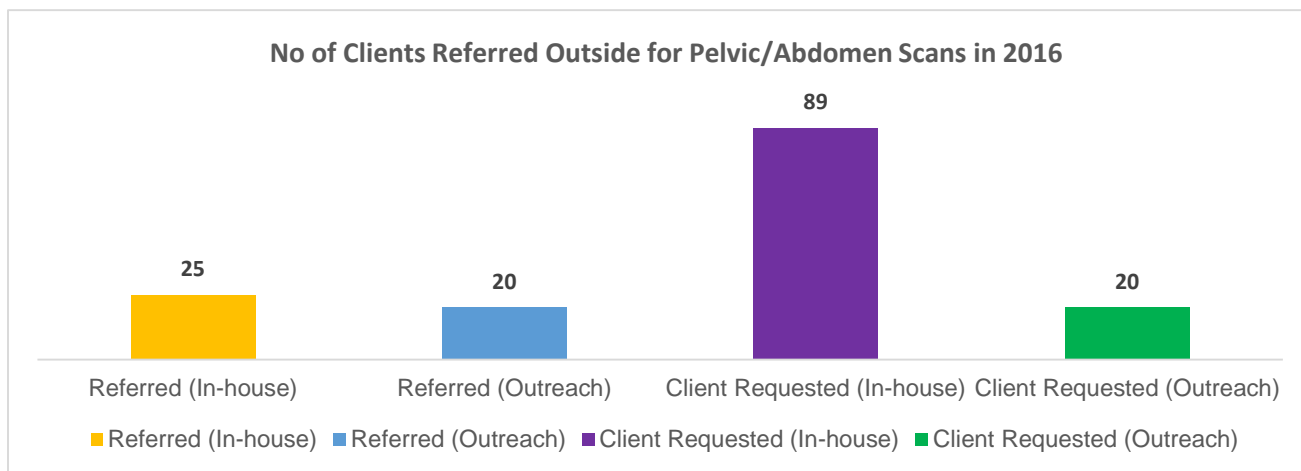
For Appointments Please call 7976326!



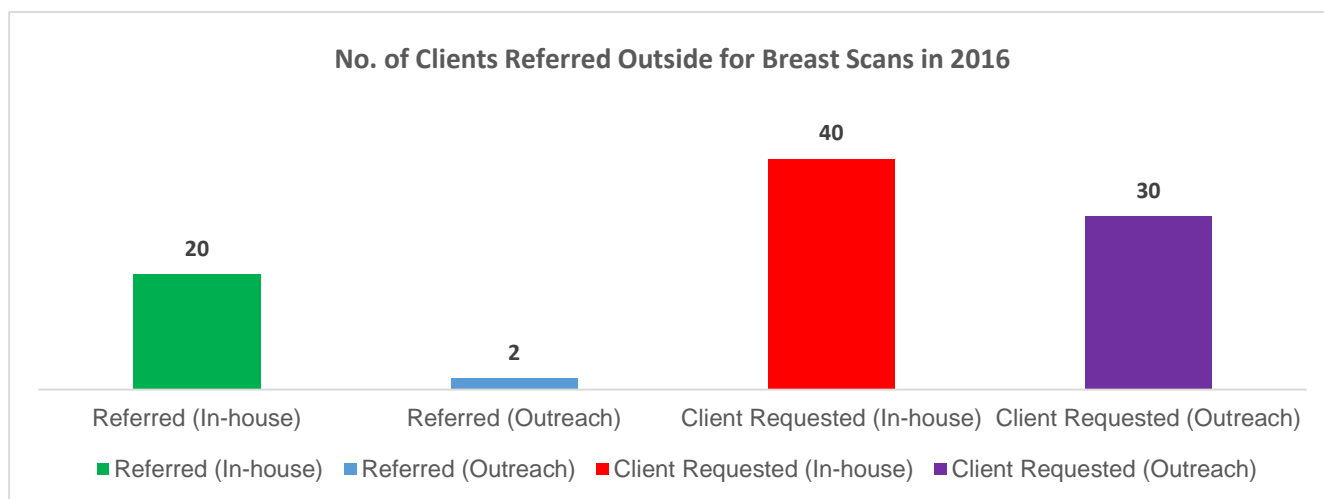



## Annual Report 2016

During the year 2016, 25 clients were referred for pelvic scans, while 20 clients were referred for breast scans via the FPC. Although mammogram is the first intervention to detect breast cancer, ultrasound scan is used to screen women who have dense breast tissue, meaning there are lots of ducts and fibrous tissues making it hard to detect cancer with traditional mammogram.



Additionally, we provide our services to the remote parts of Maldives through outreach activities. During these trips, a gynecologist provides consultation services. Through these consultations 20 clients were referred for pelvic scan while 2 clients were referred for breast scan. However, we regret to note that, not having a scanning facilities in the clinic, limits our services. Hence we had to refer these clients to hospitals/clinics where scan services are available.



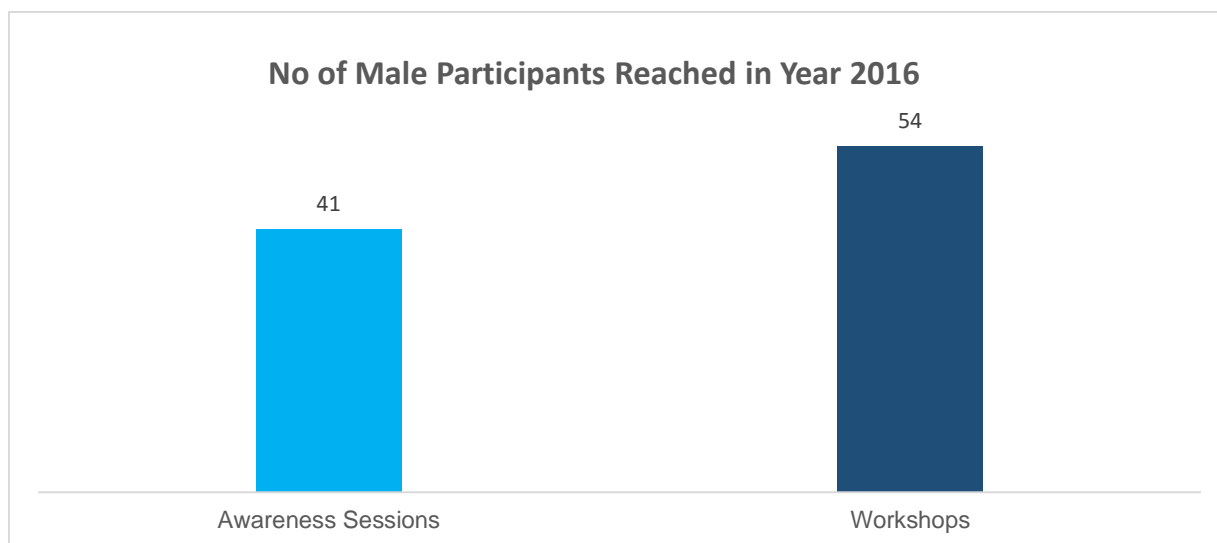
## Men Engagement

In the Maldives, Reproductive Health is predominantly viewed as a women's issue. This results in the knowledge level on SRH tends to be poorer among men, and there is significantly lower number of men seeking SRH services. This makes men more vulnerable for choosing behavior that puts themselves and their partners at risk of sexually transmitted diseases. It also places them at a higher risk for health issues remaining untreated. However, as a society with patriarchal values, the choice of a contraceptive method is assumed to be the right of the husband. To address these issues, SHE began engaging men as advocacy partners to promote men's equal responsibility and accountability towards themselves and their partners in matters related to reproductive and sexual health. These men advocates' capacities are also built to work with SHE to promote gender equality and in the advocacy efforts to reduce gender based violence.



Men participating in our workshop

Engaging men as partners in providing SRH services is a continuing program organized by SHE, keeping in mind the importance of the participation and involvement of men as “partners in promoting family and wellbeing”.



Multiple workshops on awareness sessions were organized and conducted for men. The participants included an assembly of students from various higher education centers, youth from various backgrounds and walks of life and young servicemen from MNDF. Our organization was able to reach 95 male participants through the workshops and sessions.



## HIV/AIDS

Maldives houses a population of 63,637 foreigners (National Bureau of Statistics 2014), further to this a numerous amount of undocumented workers live within the country. Hence, SHE prioritizes in providing services, specifically HIV/STI related services to the vulnerable groups.

The main goal under the HIV/AIDS component was to increase access to interventions for the prevention of STI's and HIV/AIDS through integrated, gender sensitive programs.

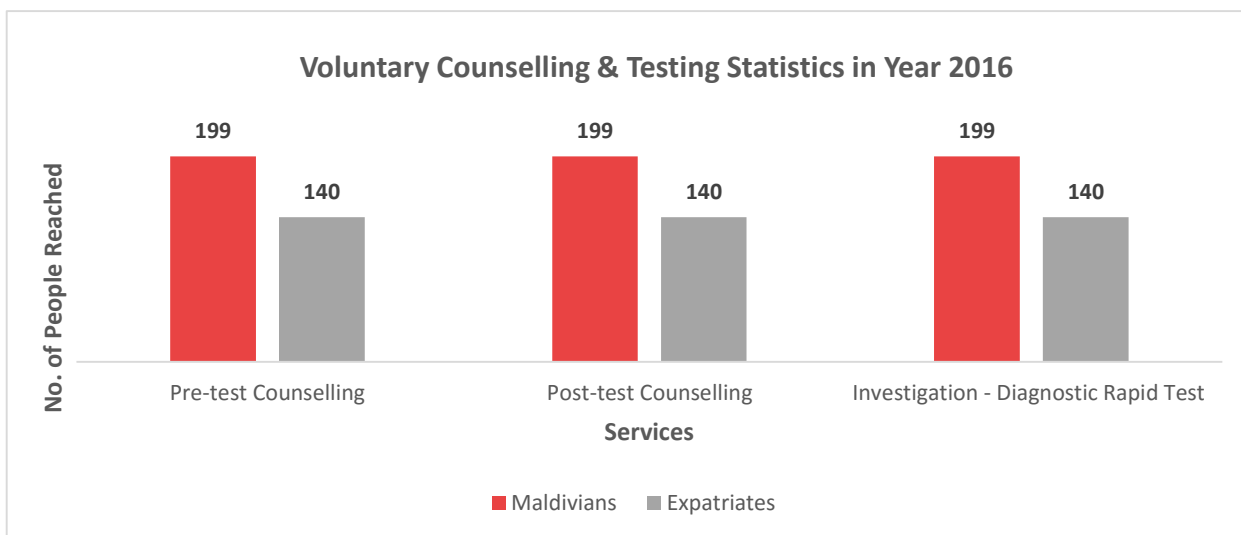
There is an increased vulnerability of migrants and mobile populations to HIV and other sexually transmitted infections as they engage in unsafe behaviors such as unprotected sex and injecting drug use. Additionally, as HIV prevention and health care services are not specifically targeted towards migrants and mobile populations these groups tend to have poorer access to such services. In order to address this gap, Society for Health Education has been carrying out several in-house and outreach programmes targeted to this group of the population.

For the past years, SHE has carried out voluntary counselling and testing (VCT) services with-in and outside the organization. The VCT center established in the organization provides free VCT services and offer diagnostic rapid testing and results. VCT services are also made available to the community via outreach programs and trips throughout the Maldives. This enabled us to reach migrants and other vulnerable groups within the community.



## Annual Report 2016

Over the year, a total of 199 locals and 140 migrants were tested and provided pre and post counselling related to HIV/STI.



VCT Center at SHE

HIV Testing Tent at Migrant Fair



## Annual Report 2016

In the year 2016, a total of 1031 people were reached and made aware about HIV/AIDS. These sessions were conducted within the capital city as well as in island communities. The targeted population of these awareness sessions were vulnerable groups within the community, who were reached via the National Drug Agency and school-leavers who participated in session through the multi-purpose health trips organized this year.

Additionally, our organization also collaborated with the National HIV Programme of HPA to conduct a programme to sensitize executive level staff of Ministry of Health on HIV & AIDS. Where, SHE advocated for the prioritization of a proactive evidence based national response and policy change towards an inclusive awareness testing and treatment method where access to services are ensured for expatriate community as well.



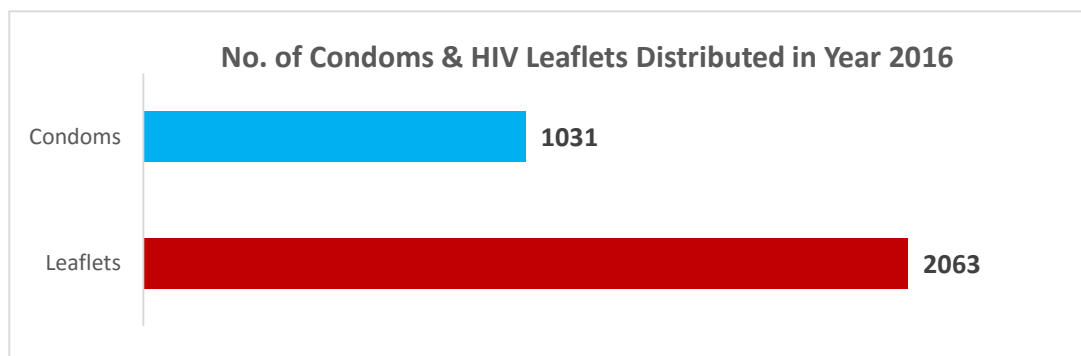
## Migrant Fair

SHE had continued its efforts to engage migrant community by conducting annual migrant fairs. 2 migrant fairs were conducted during the year. One fair was held in Hdh. Kulhudhufushi and the other was organized in Male'.

One of the main purposes of the Migrant Fair was to expand the society's Sexual Reproductive Health related services to reach the predominantly male migrant population living in Male'. To increase the number of people testing for HIV & AIDS and dissemination of information, the fairs are held at public areas well-known as convening spaces for migrant workers, on public holidays.

The migrant Peer Educators trained by SHE provide information on HIV&AIDS and distributed leaflets on HIV&AIDS in the migrants' respective languages. Information sheets on Tuberculosis developed by HPA, in their respective languages were also distributed during the migrant fair.

During this year, our organization had distributed 1031 condoms and 2063 HIV related leaflets via the migrant fair and through other events.



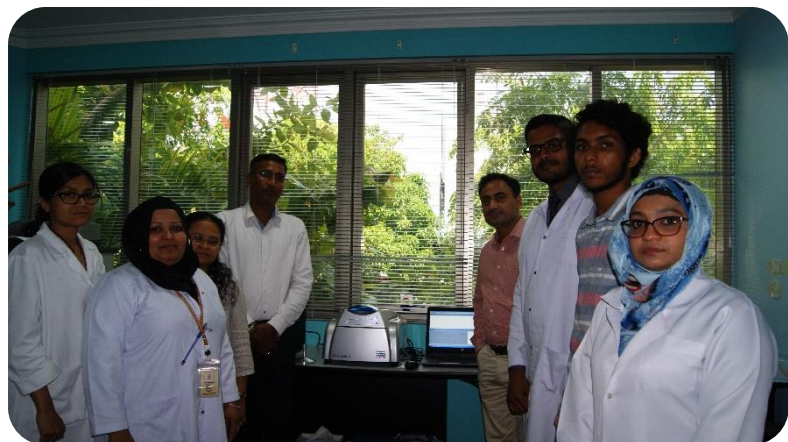
## Thalassaemia Laboratory & Diagnostic Services

Thalassaemia Prevention Programme undertaken by SHE aims to reduce the number of thalassaemics born in Maldives by providing testing services to identify Thalassaemia carrier status and raising awareness on how the disorder is inherited. The programme also includes a component on supporting the care of thalassaemics. Services established under this programme include laboratory facilities and genetic counselling services. The first thalassaemia DNA testing facility was established at SHE in 2005 to minimize the number of "inconclusive" results.

### Thalassaemia Screening and DNA Testing Services

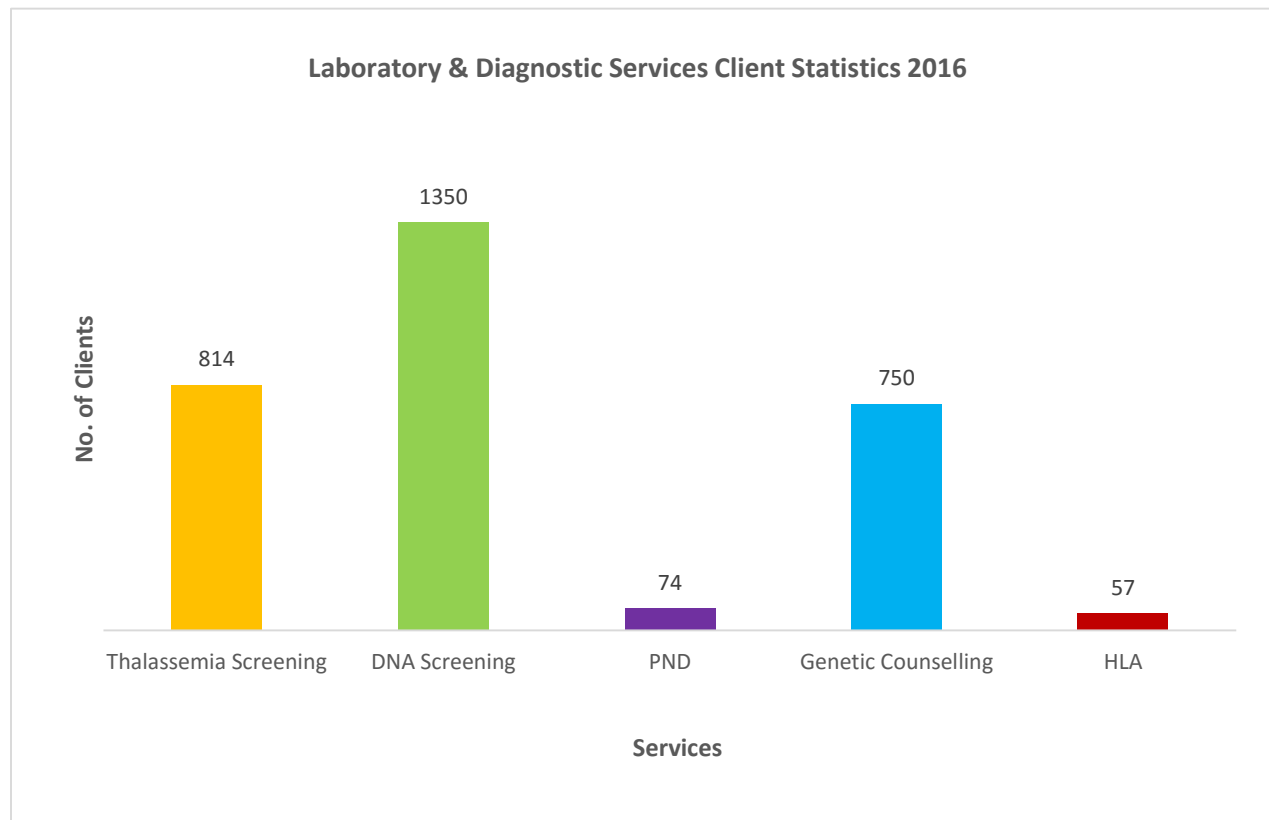
Thalassaemia is a genetic blood disorder that commonly occurs in the Maldives. 16.1% of the population are Thalassaemia carriers. There is a 25% chance for a child of two Thalassaemia carriers to be born as a Thalassaemia major. SHE had been the first NGO to create public awareness on the disease, provide Thalassaemia screening services and genetic counseling, and advocate the Government to proactively work towards prevention of children born as Thalassaemics in the country. In addition to in-house screening services, SHE had also been able to fully cover the nation twice in screening for Thalassaemia through outreach activities.

During these programs it was noted that, 12% of the people screened got a result that was inconclusive and as a result SHE established the first and DNA testing services to those that get an inconclusive result from the initial screening. By establishing this service, the percentage who receive an inconclusive result was brought down to less than 2 percent.





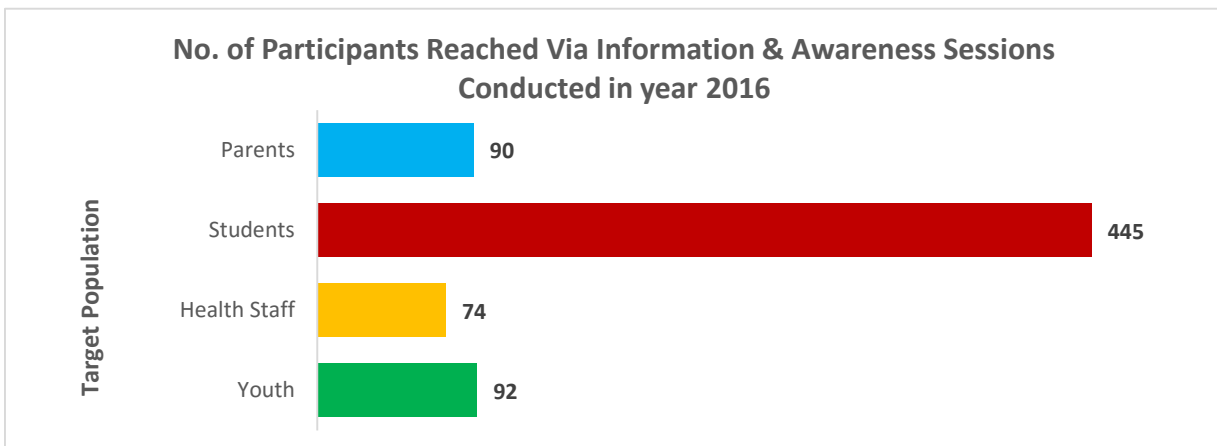
In 2016, the department has catered to clients for thalassemia screening, DNA screening, PND and genetic counselling.



During the year 2016, the laboratory service has significant number of clients for different services. This includes 814 people for Thalassemia screening, 1350 people who came for DNA screening, 74 clients for PND, 57 for HLA and 750 clients who came for genetic counselling.

## Activities & Awareness Sessions

The Laboratory & Diagnostic department also undertakes the task of making the community aware of Thalassaemia and its related issues. This year, through information and awareness sessions the department reached 445 students, 90 parents and 74 health staff.



This includes, sessions that were organized to sensitize gynecologists at IGM Hospital, island health centers as well as healthcare workers on Pre-natal diagnosis (PND) and Medical termination of pregnancy (MTP).

Additionally sessions were conducted for students and parents on Thalassaemia and G6PD and the Thalassaemia situation in the Maldives. During these sessions, the participants were oriented on the clause no. 11 of Thalassaemia Control Act (4/2012) which emphasizes on testing of children before the age of 18 years.



## Counselling and Psychosocial Services

Counselling and Psychosocial Services comprises of face to face counselling, telephone counselling and play therapy for young children as well as providing information through IEC and BCC to increase public awareness on psychosocial issues. In addition to the day to day regular services, the unit conducts several skill development programmes targeting young people, vulnerable populations, teachers and parents. SHE is one of the NGO's in the Maldives that currently provides counselling services that caters specifically to the needs of clients facing gender based violence.



Leadership Training for SHE Staff

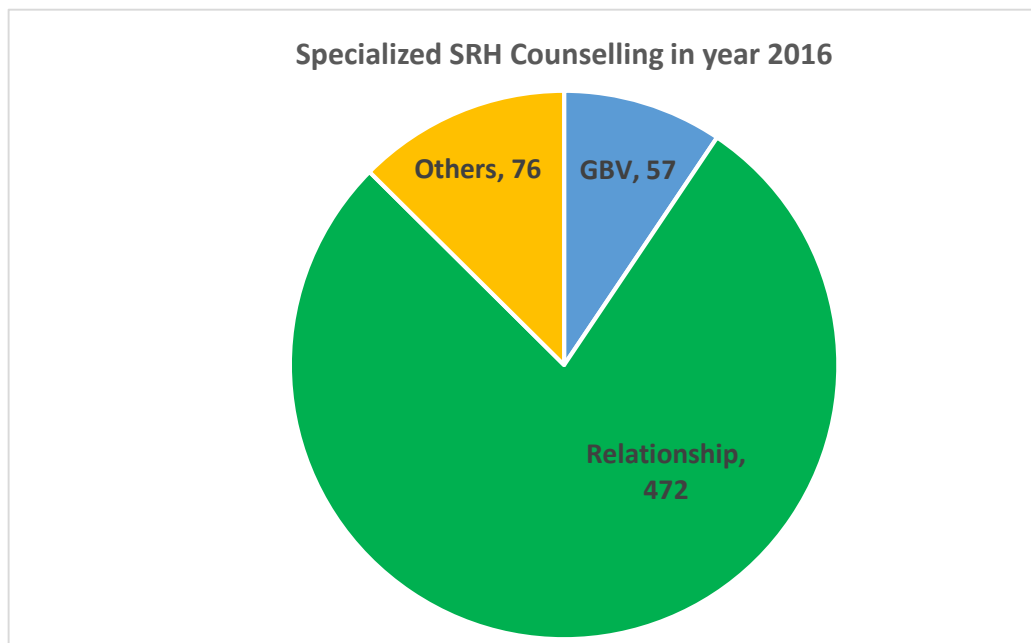
Community Building Activity



## Annual Report 2016

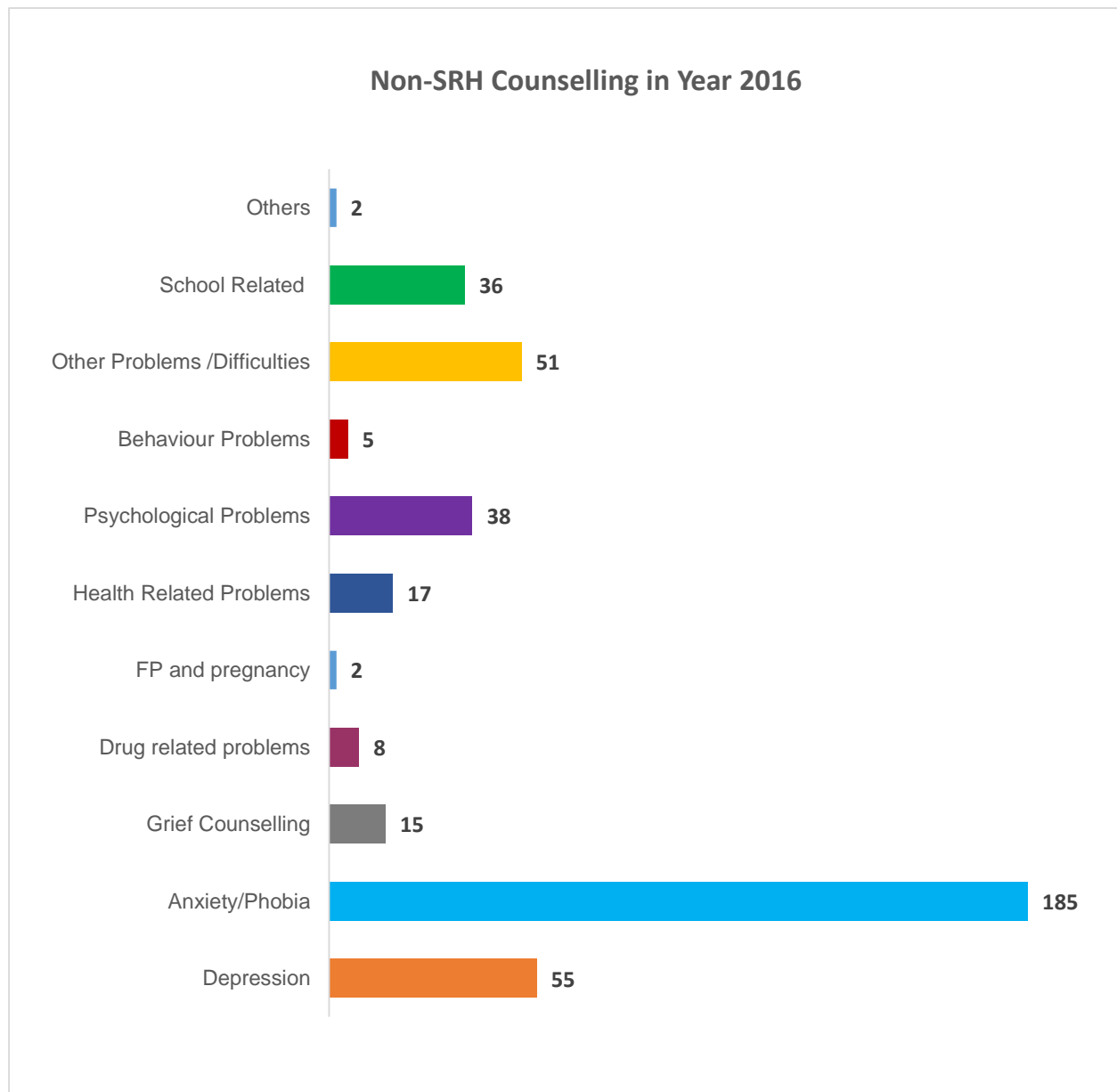
During the year, 1031 face-to-face counselling sessions and 79 telephone counselling sessions were conducted. Counselling was mainly provided in-regards to relationships, marital issues and child related issues among others.

The department also caters to clients who require counselling specialized in SRH issues. Over the year, 472 sessions were conducted in regards to relationship issues, which also includes anger management, marital issues, parenting and family issues. Furthermore, 148 sessions were conducted for gender-based violence counselling and screening.



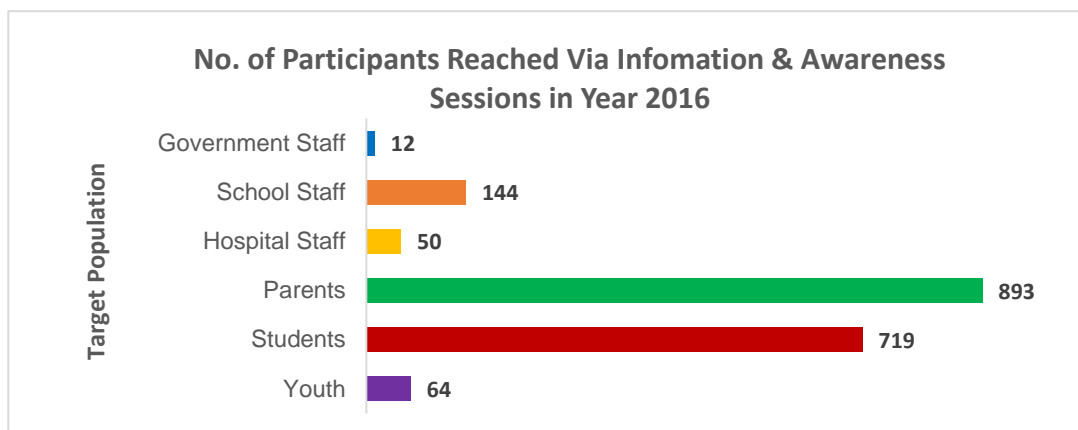
## Annual Report 2016

Further to this, other non-SRH counselling was provided for issues such as depression, anxiety/phobia, Grief Counselling, Drug related problems, FP and pregnancy, Health Related Problems, Psychological Problems, Behavior Problems, School Related and other issues.

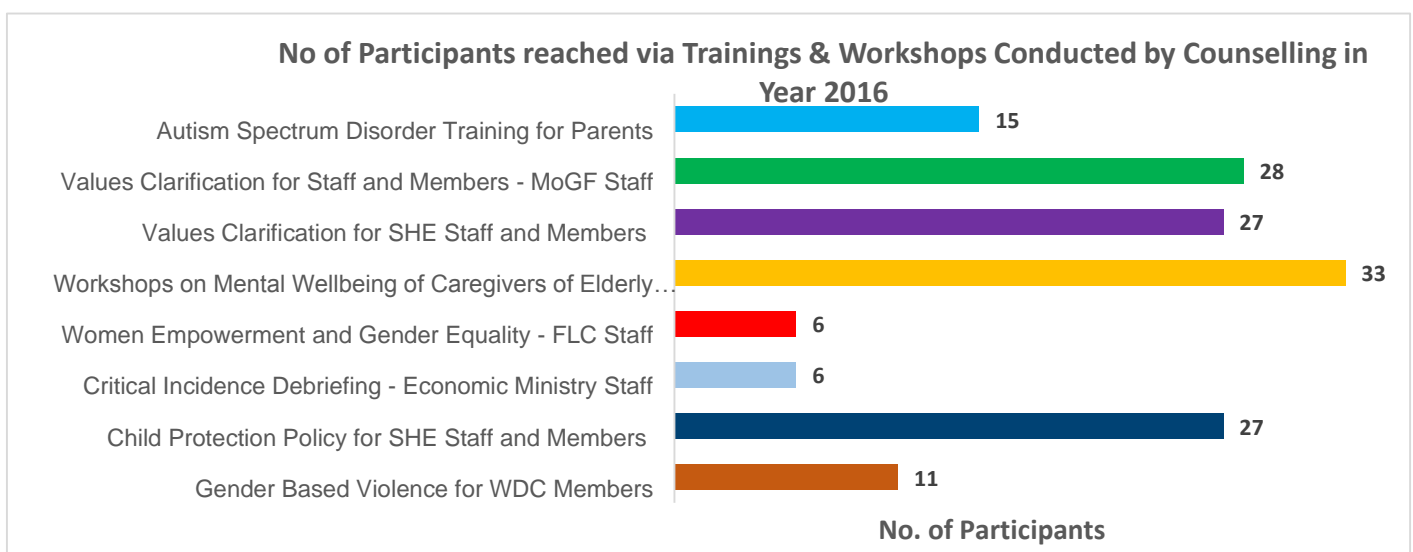


## Activities & Awareness Sessions

Counselling and Psychosocial Service programme also conducts sessions to all ages. These sessions are based on topics that are requested by parents, such as behaviors issues, anger issues, and ways to deal with family issues that arise. Additionally, information on stress management, communication and several other issues that parents, teachers and office staff face are also provided during sessions and activities.



Apart from providing counselling, the department also facilitates trainings throughout the year. During the year 2016, training programs were conducted within the organization and to other governmental organizations as well.



## Health Education & Promotion

Health Education is a priority area of the Society. Since its establishment in 1988 we have been providing health education to the community on various areas of health. Various events and activities such as multi-purpose health camps and health festivals have been arranged over the years to promote health and family well-being as part of this programme. Additionally, SHE produces an ongoing series of leaflets in the local language named “Kulunu” which covers a variety of health and social issues. SHE also appears on a number of radio and TV programmes to provide health information to the public. And with the current trend of social media, we use it as a medium to reach a wider audience as well.

SHE provides all its services except for thalassemia screening and DNA testing free of cost to the community members regardless of their nationality.

Furthermore, SHE advocates for all issues related to the area of service at both community and policy level.



## Awareness through Print and Broadcast Media

SHE had also used print and broadcast media for health awareness and promotion. The Society had published 276 leaflets that focus on various health related topics such as hypertension, diabetes and other emerging health issues. These leaflets are used by health professionals and other NGOs to raise public awareness on health issues. Further, SHE regularly participates in broadcasted TV and radio programmes to promote health messages to a wide audience across the nation.



### Post Details

**Society for Health Education**  
March 29, 2016 · 🌐

Want to learn more about Tuberculosis (TB) and Prevention of TB? Tune into DhiPlus at 1400hrs of today and catch our volunteer Dr Mohamed Ismail- Pulmonologist on Dhulhaheyo Show.  
<http://tunein.com/radio/DhiFM-952-s96942/>



**DhiFM 95.2**  
Listen to DhiFM 95.2 on Tunein  
TUNEIN.COM

142 people reached

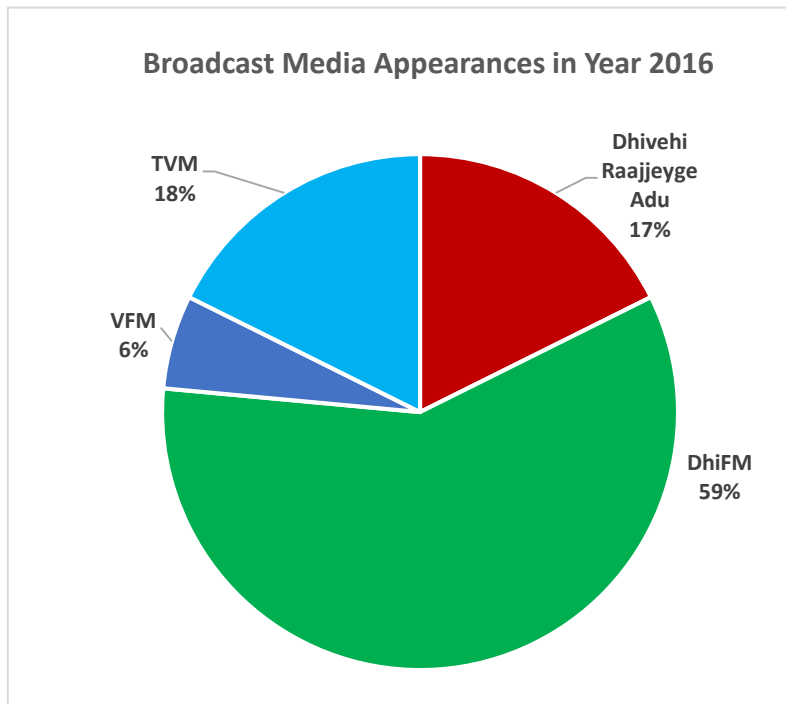
👤 Axlifer Abduh Rasheed, Shiyama Anwar and 2 others

👍 Like    💬 Comment    ➦ Share



## Off-line Distribution

During the year 2016, the organization had 21 appearances and recordings in TV and radio shows. This included 20 radio show recordings and 1 TV appearance.



In 2016, leaflets/flyers were also distributed among the community. A total of 9350 leaflets/flyers had been distributed throughout the year.

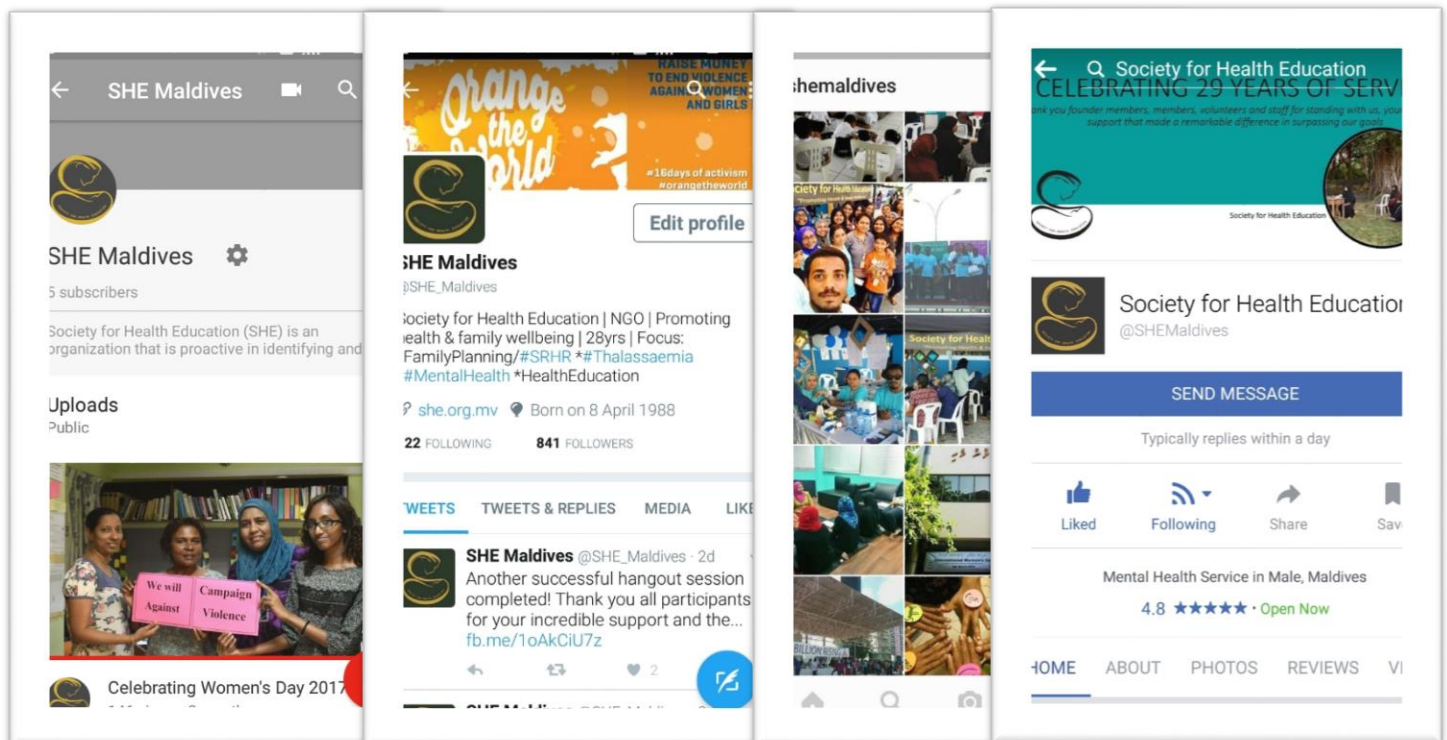
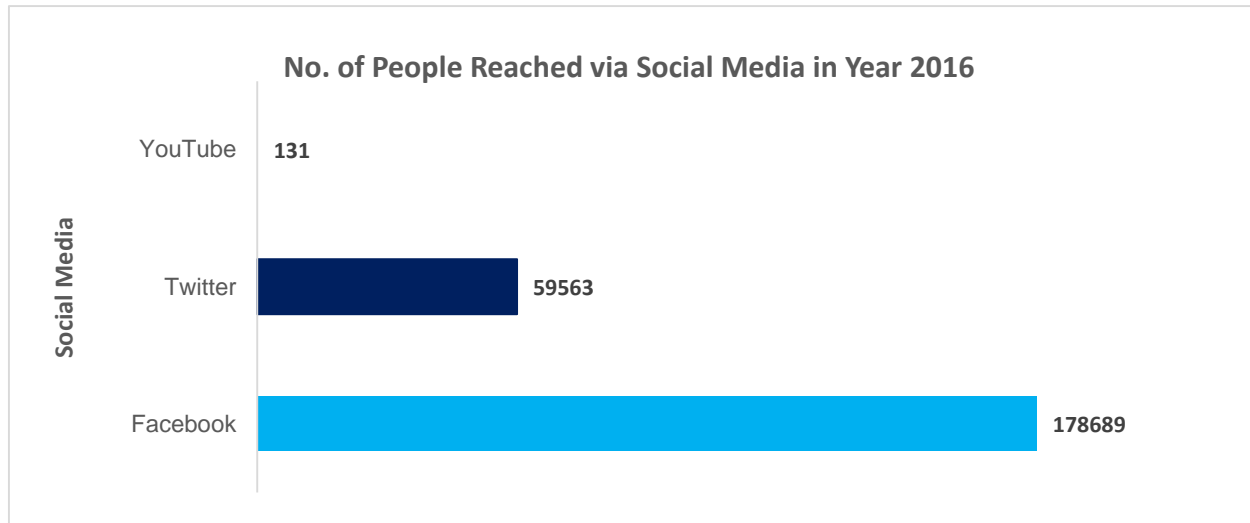
#	Host	Name of Program	Details of Program
1	Adu	Rahkaave thibiya Dhathureh	World Cancer Day
2	DhiFm	Dhulha Heyo	World Cancer Day
3	Adu	Baajaveri Hendhuneh	World Cancer Day
4	DhiFm	Dhulha Heyo	Cervical Cancer and Breast Cancer
5	DhiFm	Dhulha Heyo	Life Style Impacts of Cancer - General Well Being
6	DhiFm	Dhulha Heyo	Cervical Cancer and HPV Vaccine
7	DhiFm	Dhulha Heyo	Family Planning
8	VfM	Morning Break Show	International Womens Day
9	DhiFm	Dhulha Heyo	Women's health and issues in women's health
10	Adu	Baajaveri Hendhuneh	International Womens Day
11	DhiFm	Dhulha Heyo	Kidney disease and taking care of your kidneys
12	DhiFm	Dhulha Heyo	Water and benefits of drinking water
13	DhiFm	Dhulha Heyo	Tuberculosis and prevention of TB
14	DhiFm	Dhulha Heyo	Diabetes and Women
15	TVM	Magey Raajje	SHE Anniversary-Launching of SHE Service Video
16	DhiFm	Dhulha Heyo	Child Health
17	DhiFm	Dhulha Heyo	Smoking and Youth
18	DhiFm	One Hour With Hau	How to maintain healthy eating habits during Ramadan
19	DhiFm	One Hour With Hau	How to maintain healthy eating habits during Ramadan -Diabetes and hypertensive patients
20	DhiFm	One Hour With Hau	Healthy eating habits specially for women
21	DhiFm	One Hour With Hau	Healthy eating habits specially for children and how to give healthy snacks for school interval

Key:-

	SRH
	COUNSELLING
	ADMIN

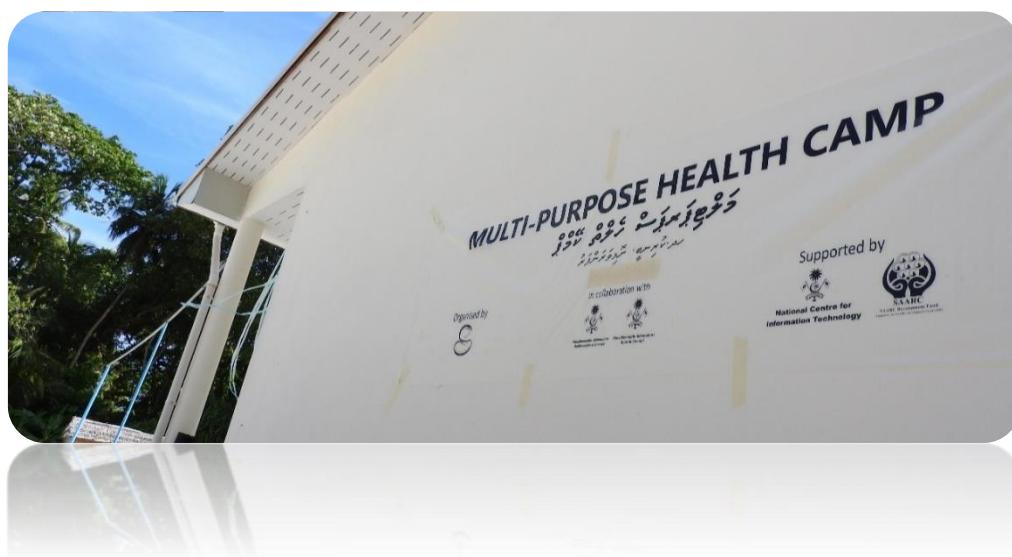
## On-line Distribution

During the year 2016, SHE was able to reach people via social media platforms such YouTube (131 people), 59563 people via twitter and 178689 people via Facebook.



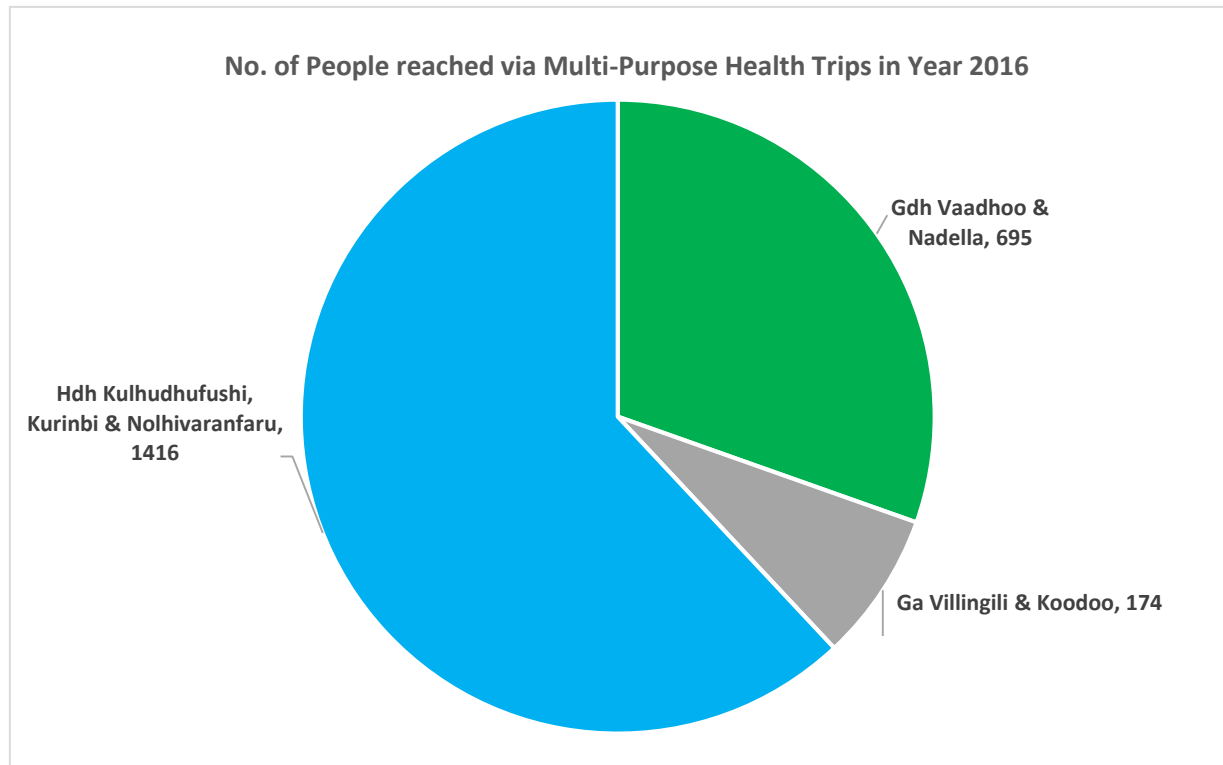
## Multi-Purpose Health Trips

Due to the geographic nature of the country, some communities living in small islands in the Maldives remain isolated, limiting their access to quality health information and services. To address this issue, since 1990, SHE had been conducting Multipurpose Health Camps that is designed to address the unique health needs marginalized island clusters. A multidisciplinary team of experts, including doctors, health care workers, counselors, health educators and lab technicians travel to the island, and provide individual consultations, facilitate small group discussions and conduct awareness sessions to address a wide variety of needs of the community. These typically include consultations with specialist doctors, Thalassaemia and DNA screening, individual counseling and psychosocial support sessions and testing for diabetes and blood pressure. Topics discussed during these information sessions, include family planning, effective parenting, nutrition, gender based violence, personal hygiene and Adolescent Sexual Reproductive Health. In addition, professionals in the island, such as health workers, teachers and counselors are provided peer to peer guidance on resolving the challenges they face in their daily work, and strategizing on means to improve their services.



Activities and Sessions in MPHT's





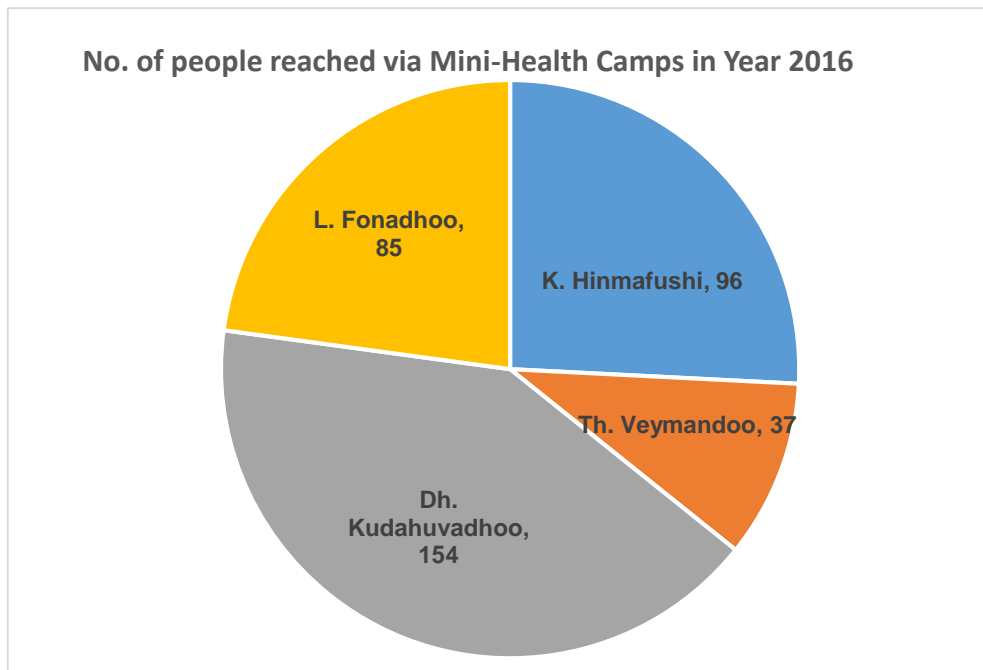
A total of 3 MPHT's were organized in 2016.

Gdh. Vaadhoo, Nadella MPHT was held from 9th to 13 May 2016. The trip was organized with the support of National Centre for Information Technology (NCIT) and SAARC development fund, in collaboration with the Vaadhoo Council, the Vaadhoo Health Center and Vaadhoo School.

From 19<sup>th</sup> to 23<sup>rd</sup> August 2016, a MPHT organized with the support of National Centre for Information Technology (NCIT) conducted at Hdh. Kulhudhufushi, Kurinbi & Nolhivaranfaru MPHT. The trip was organized by SHE in collaboration with the island councils, health centers and schools.

Ga. Villingili and Koodoo mobile camp were held from 20th December 2016 to 22nd December 2016. The trip was organized by Society for Health Education (SHE) with the support of International Planned Parenthood Federation (IPPF) Fund and in collaboration with Ga. Villingili and Ga. Koodoo Council, the island health centers and schools.

## Mini Health Camps



A total of 4 mini health camps were organized and held in the year 2016.

In Dh. Kudahuvadhoo a mini health camp was organized with the support of Dhiraagu on 8<sup>th</sup> and 9<sup>th</sup> April 2016. Upon request from the Diabetic Society of Maldives (DSM), our teams joined together to mark the World Health Day at Dh. Kudahuvadhoo. During the camp, health screening and information and awareness was created among the community.

On 28<sup>th</sup> April 2016, SHE with the support of Dhiraagu, organized and conducted a mini-health camp to K. Hinmafushi. Sessions were conducted for teachers to raise level of awareness on the importance of the social and emotional development of young children in their social competence, mental health, and overall wellbeing. Students were empowered with information and skills to prevent bullying. Sessions were also taken for parents on positive parenting skills and prevention of child abuse.

## Annual Report 2016

Th. Veymandoo mini health camp was held on 20<sup>th</sup> September 2016, upon the request from Family protection Agency (FPA). Sessions were conducted at Th. Veymandoo as part of the Domestic Violence Prevention Training Programme for participants representing Law Enforcement Agencies, Judiciary, Health Sector and Social Sectors in Th. Atoll in order to orient and build their capacity to implement the Domestic Violence Prevention Act.

On 28<sup>th</sup> and 29<sup>th</sup> November 2016, a mini health camp was held at L. Fonadhoo. This was requested by the Ministry of Law & Gender and targeted for two different groups of the island community. Sessions were also conducted in collaboration with Maldives Police Service for youth and adolescents who participated in the “Blues for Youth” Programme.



## Annual Highlights & Performance



4th February 2016

### WORLD CANCER DAY

To Commemorate World Cancer Day sessions on Healthy lifestyle and Nutrition in relation to Cancer were taken.

76 people were reached







8th April 2016  
**WORLD HEALTH  
DAY**

An event was held at  
Rasfannu Beach.

Health screening and  
information was provided to  
the community

Reached 146 poeple

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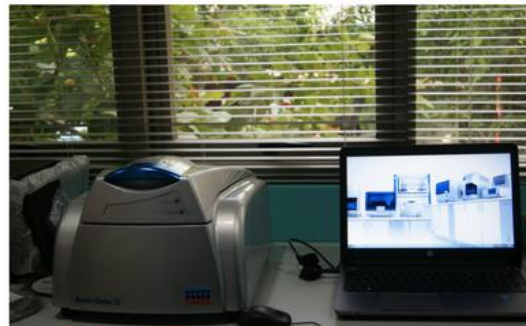
2nd - 8th May 2016  
COMMEMORATING  
INTERNATIONAL THALASSAEMIA  
DAY

A Bike ride around Male'

Participated and appeared in  
5 TV/Radio Programmes

Provided free Thalassaemia  
testing service & Awareness  
sessions at SHE

Donation of Real time PCR  
Machine by Ali Fulhu Thuthu  
Foundation



## Annual Report 2016



27th May 2016

## ANBALAN

The event was attended by  
over 1500 people  
A total of 11 Entrepreneurs  
and Businesses and  
NGO's hired stalls.



Annual Report 2016



23rd September 2016

## MIGRANT FAIR

MRC and SHE  
collaborated to conduct a  
migrant fair in Villingili

66 Migrants were  
reached





25th & 26th  
October 2016

## BREAST CANCER AWARENESS WEEK

Provided free health  
screening & Awareness  
sessions at SHE

96 people were reached  
from this event





## 11th November 2016 DHIRAAGU MALDIVES ROAD RACE

About 65 people registered  
through us supporting our  
NGO for RUN

We provided health  
awareness information to  
over 500 people



9th December 2016  
**HOPE FOR WOMEN-  
16 DAYS OF ACTIVISM,**

SHE and Hope for Women collaborated to increase SRH awareness including teaching breast self examination.

100 participants were reached in this event





23rd December 2016

## JUMBLE SALE & VCT AT SHE

A very successful Jumble Sale

Provided Free HIV Testing &  
counselling, Blood Sugar and  
Blood Pressure Checking





## Youth Contribution

Society for Health Education aims to increase comprehensive youth friendly, gender sensitive education and services to strengthen the commitment and participation of young people within the organization.

During the year several meetings were conducted to discuss the activities that can be conducted for youth in the future.

SHE ensures that all youth volunteers get equal opportunities to participate in various trainings and field experience, to develop their skills and provide information to make informed decisions.

We would also like to express our deepest gratitude to the youth volunteers for their valuable contribution and support. We hope that more youth volunteers will join our team and be a part of making a difference.



## Governance

Governance ensures that organization is directed and managed at board and management level in fair and transparent manner. Board provided guidance on how the objectives of the organization are set and achieved, how risk are monitored and assessed, and how performance is optimized and sets outs policies to guide the management.

At SHE, the governance is planned and implemented at the board level and led by the appointed executive board. The board delegates the responsibility of day-to-day management of the organization to the Chief Executive Officer.

In the course of the year 2016, 6 board meetings were held by the organization. Board members guided in implanting of the 2016 Annual plan and policies. In addition to this, members contributed to the activities and represented the organization in forums. Furthermore board members and senior staff attended a retreat on November 2016 to build networking among the staff and members.

In 2016, 2 members and one youth member from the board had resigned before their term ended and hence new members were elected and assigned on 24th May 2016.



## Organization Development

In 2016, several trainings and awareness sessions were taken for staff and members of the organization. Refresher trainings have also been taken for staff throughout the year. The purpose of such trainings and sessions was to build staff capacity and to orient all members and staff on policies.

### Trainings

- Orienting Staff & Members on Child Protection Policy
- Values Clarification for Staff & Members
- Trauma Counselling
- SRH Refresher training on trends in Contraceptive use & Awareness
- Refresher Training for Staff at Supervision Level on Supervision Skills

- Foster Panel
- National Action & Coordinating Group (NACG)
- Country Coding Mechanism (CCM)
- Maldives Medical & Dental Council
- National AIDs Council
- Breast Milk Substitute Advisory Board
- Maldives Blood Council

## Members of Boards & Committees

## Participation & Contribution to Stakeholder

- Gender Based Violence Policy – 8<sup>th</sup> March 2016
- National Policy on Distance Learning – 13<sup>th</sup>/14<sup>th</sup> March
- Guided Discussion with Stakeholder: National Action Plan (WHO) – 8<sup>th</sup> August 2016
- PROLEAD training for Health Promotion (Bangkok/Thailand) – 21<sup>th</sup> July to 1<sup>st</sup> July 2016
- Gender Equality Law (18/2016) – 5<sup>th</sup> October 2016
- Health Service Provision Law (29/2015) – 14<sup>th</sup>/15<sup>th</sup> December 2016

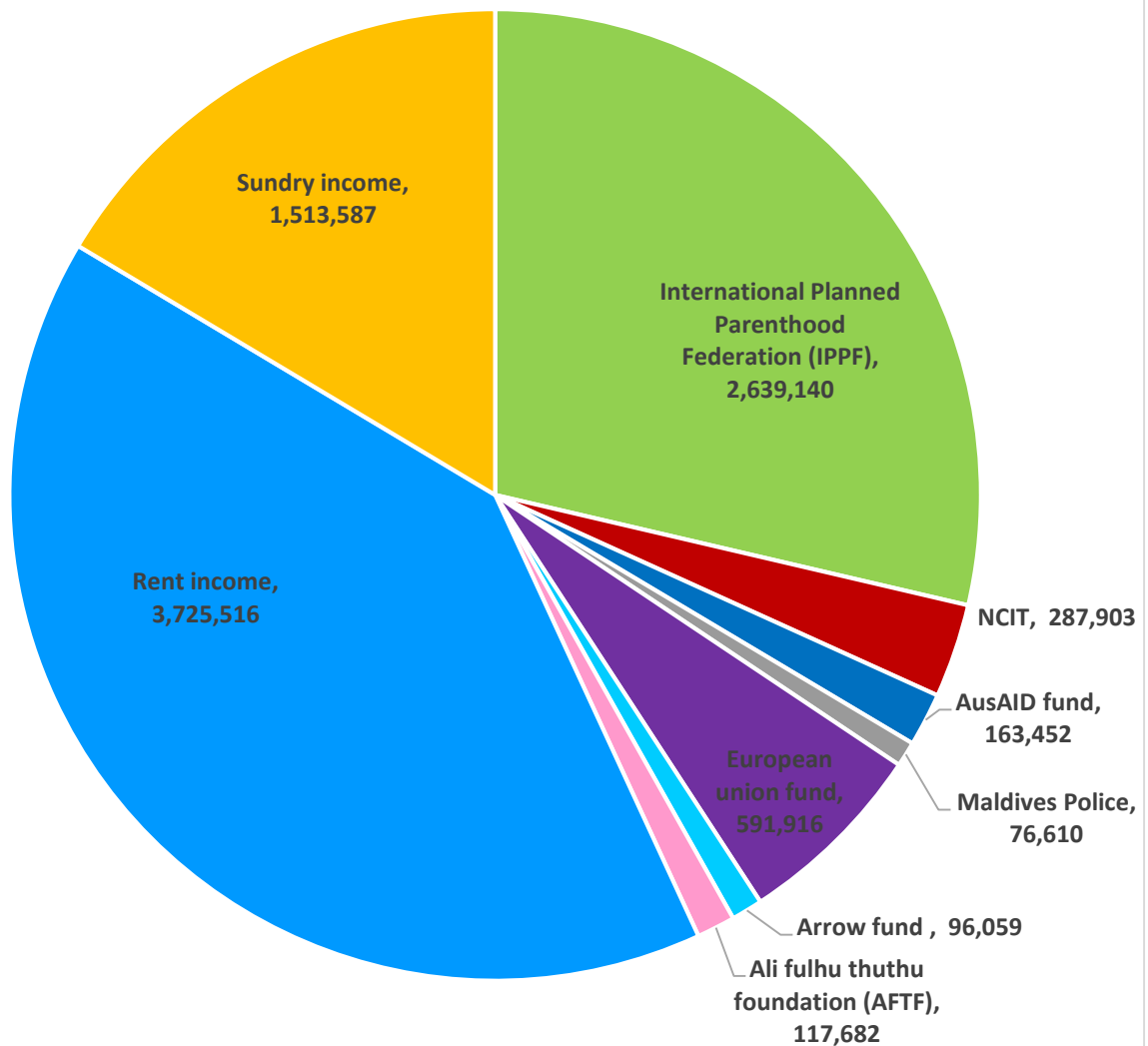
## Youth Participation

- Total youth volunteers 27
- 2 Youth Members on the Executive Board
- Youth peer educators conducted sessions for over 500 students on the following topics:
  - Prevention of bullying
  - Personal safety and security for pre-school students
  - Mental wellbeing
  - Career guidance
- 17 youth volunteer's completed training on gender based violence for peer educators.
- Two youth EXCO members participated in SARYN (South Asia Regional Youth Network) members meeting conducted in Bangkok

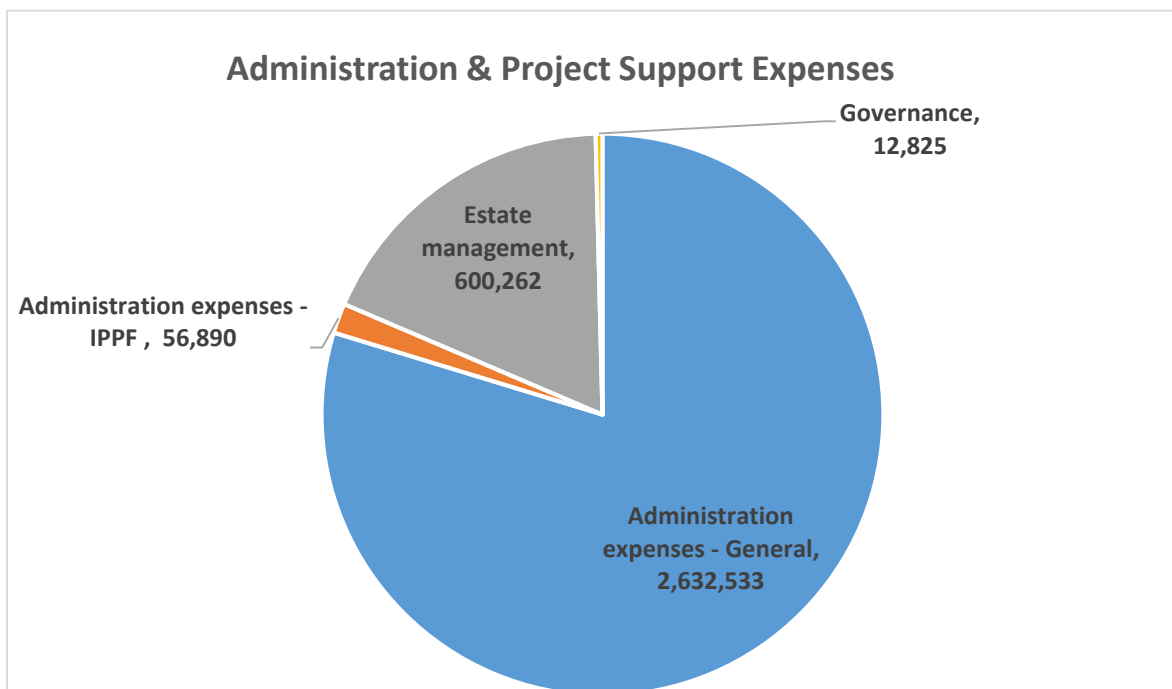
## Financial Summary

### Income in Year 2016

#### Grants & Other Incomes



## Expenses in Year 2016



## Programme Expenses

